

Tri Mag B6



food supplement

THE TRIPLE POWER OF MAGNESIUM

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A compound of three forms of magnesium 130 mg Mg²⁺ with vitamin B6

→ stress → tiredness → cramps

TRI-Mag B6™ is a food supplement containing not one but three forms of magnesium, each with its own benefit. Together they help the body to achieve its optimal level of magnesium – one of the most essential minerals. Additionally, the formula has been enriched with vitamin B6 to aid magnesium during its use as part of the metabolic processes.

Scientific research has proven that magnesium:

- helps in the correct functioning of the muscles,
- contributes to the correct functioning of the nervous system,
- participates in maintaining psychological functions,
- contributes to the reduction of tiredness and fatigue,
- participates in maintaining healthy bones and teeth,
- participates in maintaining the electrolytic balance,
- participates in maintaining proper energy metabolism,
- helps in the correct synthesis of proteins.

Composition

Nutritional information	1 tablet
Magnesium	130 mg (35%*)
Vitamin B6	1,4 mg (100%*)

*NRV - nutrient reference value

Ingredients: TRI-Mag B6™ mineral complex (magnesium carbonate, magnesium lactate, magnesium malate), microcrystalline cellulose – bulking agent, potato starch, magnesium stearate – anti-caking agent, pyridoxine hydrochloride – vitamin B6.

Purpose

Food supplement facilitating the supply of magnesium to the body.

The product is recommended especially for people exposed to stress or tiredness, as well as people who are physically active, who take part in sports, drink coffee, or drink alcohol.

Recommendation

Recommended use: 1 tablet daily after a meal or otherwise after consultation with your doctor

Do not exceed the recommended daily dose.

Food supplements should not be used as a substitute for a varied and balanced diet.

A varied and balanced diet and a healthy lifestyle are recommended.

Keep out of reach of children.