

Vita-Min Plus



food supplement

VITALITY EVERY DAY

Vita-min plus®

Composition of vitamins, amino acid chelates, lutein and green tea extract

Food supplement containing a complex composition of vitamins and easily absorbed mineral components in the form of chelates**. The product is enriched with LUTEIN and with GREEN TEA extract.

Composition

Nutrition information	1 capsule	%NRV
Vitamin A	800 µg	100%
Vitamin D3	5 µg	100%
Vitamin E	12 mg	100%
Vitamin C	80 mg	100%
Vitamin B1	1,1 mg	100%

Vitamin B2	1,4 mg	100%
Niacin	16 mg	100%
Vitamin B6	1,4 mg	100%
Folic acid	200 µg	100%
Vitamin B12	2,5 µg	100%
Biotin	50 µg	100%
Pantothenic acid	6 mg	100%
Green tea extract (98% polyphenols, 55% EGCG)	30 mg	-
Lutein	2 mg	-
Magnesium*** Albion® amino acid chelate	90 mg	24%
Calcium*** Albion® mineral	80 mg	10%
Potassium	40 mg	2%
Zinc** Albion® amino acid chelate	10 mg	100%
Iron** Albion® amino acid chelate	1 mg	7%
Manganese** Albion® amino acid chelate	1 mg	50%
Copper** Albion® amino acid chelate	150 µg	15%
Iodine	150 µg	100%
Chromium	50 µg	125%
Selenium	30 µg	54%

*NRV - nutrient reference value

THE ALBION GOLD MEDALLION™ is a trademark belonging to the ALBION Laboratories Inc.

** - high quality minerals in form of amino acid chelates ALBION®

*** - amino acid chelates and other forms of minerals

Ingredients: minerals (calcium carbonate, magnesium bisglycinate**, magnesium oxide, calcium bisglycinate**, potassium chloride, zinc bisglycinate**, manganese bisglycinate**, ferrous bisglycinate** (Ferrochel®), copper bisglycinate**, sodium selenite, chromium (III) chloride, potassium iodide), vitamins (L-ascorbic acid - vitamin C, dl-alpha-tocopheryl acetate - vitamin E, nicotinamide - niacin, D-biotin, retinyl acetate - vitamin A, calcium D-pantothenate - pantothenic acid, pyridoxine hydrochloride - vitamin B6, cholecalciferol - vitamin D, pteroylmonoglutamic acid - folate, thiamin mononitrate - vitamin B1, riboflavin - vitamin B2, cyanocobalamin - vitamin B12) green tea extract (Camellia sinensis L.), lutein, microcrystalline cellulose (bulking agent), magnesium stearate (anti-caking agent), capsule (gelatin, colour: E 171).

Purpose

Recomendation

Recommended use: 1 capsule daily after the meal or otherwise after consultation with your physician. The product is recommended to adults as a food supplement. Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet. A varied and balanced diet and a healthy lifestyle are recommended. Keep out of reach of children.