

Green Coffee Premium



food supplement

A food supplement in the form of capsules containing a mixture of plant ingredients - green coffee seed extract, standardized for the 50% content of chlorogenic acid (ACG), and guarana seed extract; additionally fortified with chromium.

*Guarana extract containing caffeine will contribute to maintaining the metabolism of fats and therefore takes part in body weight control; additionally helps maintain physical and mental fitness of the body. *Caffeine stimulates physical and mental fitness. *Chromium participates in the proper metabolism of macronutrients such as carbohydrates and fats, and helps maintain a proper blood glucose level.

Physical activity is a key factor in maintaining a proper body mass. A proper blood glucose level is a key factor reducing the secretion of insulin - a hormone which increases the fat layer build-up process, and moreover reduces the urge to snack on food between regular meals.



Composition

Dietary information	1 capsule	2 capsules
Green coffee seed extract (50%ACG, 5% caffeine)	600 mg	1200 mg
Guarana seed extract (50% caffeine)	30 mg	60 mg

Chromium

20 µg (50%*)

40 µg (100%*)

*NRV - nutrient reference value

Ingredients: green coffee bean extract - Coffea (50% chlorogenic acid, 5% caffeine), guarana seed extract - Paullinia cupana (50% caffeine), bulking agents - microcrystalline cellulose, anti-caking agent - magnesium stearate, silicon dioxide; chromium (III) chloride; capsule (gelatin, colour: E 171).

Purpose

This preparation is intended for adults who control their body mass e.g. by physical activity, being on a diet and as a chromium diet supplementation; especially for people who crave sweets and obese people.

Recomendation

1 capsule when your body weight is lower than 70 kg, 2 capsules when your body weight is over 70 kg. Swallow before a meal with a sufficient amount of liquid.

Caution: contains caffeine (45 mg/1 capsule). It is not recommended for children, pregnant and breast-feeding women, people with heart diseases, hypertension or oversensitive to any of the preparation ingredients.