

Hawthorn Premium



food supplement

154 mg of hawthorn berries extract in 1 capsule!

Hawthorn Premium is a dietary supplement containing a unique composition of ingredients supporting the heart - high quality **common hawthorn extract** (*Crataegus monogyna*) with a standardized 5% content of flavones, and **vitamin B1** (thiamine).

Common hawthorn extract (*Crataegus monogyna*) with a standardized 5% content of flavonoids is extracted from ripe, dried fruit. Hawthorn berries naturally contain active compounds of the flavonoids group and from procyanidin, as well as B, A and C vitamins, as well as minerals (mainly potassium salts). Scientific research confirms that hawthorn berries extract supports the heart.

Vitamin B1 (thiamine) supports the proper functioning of the heart.

Composition

Nutrition information	1 capsule
Extract of common hawthorn berries (<i>Crataegus monogyna</i>), 5% flavones	145 mg
Vitamin B1	1,1 mg (100%*)

*NRV - nutrient reference value

Components: extract of common hawthorn berries (*Crataegus monogyna*), maltodextrine, bulking agent - microcrystalline cellulose; anti-caking agents - magnesium salts of fatty acids, silicon dioxide; thiamine hydrochloride - vitamin B1, capsule (shell component - gelatine, food colouring - E 171).

Purpose

This preparation is intended: for adults as a dietary supplement to support the proper functioning of the heart and the circulatory system.

Note: In the case of pregnant women and women who are breastfeeding, it is recommended to consult a doctor before using the preparation. In the case of any disease or ailment of the heart (especially after physical effort - palpitations, chest pain, shortness of breath, fast fatigue) or other distressing symptoms (e.g. the accumulation of water in the body, especially in the legs) you must first consult your doctor before using the product. This product should not be used in the case of hypersensitivity to any of its ingredients.

Recommendation

Recommended daily intake: 1 capsule during or after the meal. The capsule should be taken with a large amount of water.

Do not exceed the recommended daily dose.

The dietary supplement cannot be used as a substitute for a balanced diet.

It is recommended to have a balanced diet and a healthy lifestyle.