

Chela-Mag B6 Cramp Shot



food supplement

Chela-Mag B6® Shot is a formulation designed to help meet your body's needs for magnesium and potassium - ingredients that are responsible for proper muscle function, that helps to prevent cramps.

Composition

Nutrition information	1 ampoule (25 ml)
Magnesium	300 mg (80%*)
Potas	300 mg (15%*)
Vitamin B6	2,1 mg (150%*)
Thiamin	1,65 mg (150%*)
Riboflavin	2,1 mg (150%*)
Vitamin B12	3,75 µg (150%*)

**NRVs - nutrient reference values

Ingredients,: water, magnesium bisglycinate (amino acid chelate Albion®), magnesium salts of

citric acid (magnesium citrate), acidity regulators – citric acid, sodium citrates; potassium citrate, flavourings, thickener – sodium carboxy methyl cellulose; preservative – sorbic acid; sweeteners – cyclamates, acesulfame K; pyridoxine hydrochloride – vit. B6, thiamin mononitrate – vit. B1, cyanocobalamin – vit. B12, riboflavin – vit. B2, colour – carotenes.

Purpose

Product particularly recommended to physically and mentally active persons.

Recommendation

Recommended use: one ampoule (25 ml) once a day after a meal. Shake before use.

Do not exceed the recommended daily dose.

Food supplements should not be used as a substitute for a varied and balanced diet.

A varied and balanced diet and a healthy lifestyle are recommended.

Keep out of reach of children.

Sediment and crystallization which may occur are natural and they do not affect quality of the product.