

Chitosan + chromium



food supplement

Chitosan + chrom is a food supplement in capsules.

Chitosan is a dietary fiber, isolated from crustacean shells. The product also contains chromium that contributes to normal macronutrient metabolism. The product is designed especially for pro-active people.

Composition

Nutrition value	3 capsules
Chitosan (dietary fiber)	1200 mg
Chromium	100 µg (250%*)

**NRV - nutrient reference values.

Ingredients: chitosan (powdered crustacean shells), bulking agents - microcrystalline cellulose; anti-caking agents - magnesium salts of fatty acids, silicon dioxide; chromium picolinate, capsule (gelatin, colour: E 171) Warning: Product contains crustaceans and products thereof

Purpose

The product is designed especially for pro-active persons.

Recomendation

Recommended use: Take 1 capsule 3 times a day, approx. 20 minutes before meal, drinking with large amount of water (min. 1 glass of water). The product is recommended to adults as a food supplement.

Do not exceed the recommended daily dose.

Food supplements should not be used as a substitute for a varied and balanced diet.

A varied and balanced diet and a healthy lifestyle are recommended.

Keep out of reach of children.

Warning: It is recommended to supply additionally lipophilic vitamins A, D, E along with Chitosan as the preparation can reduce the absorption of fats from aliment. The vitamins should be taken 2 hours before or after taking Chitosan.