

# Testomag



food suplement

**Testomag®** is an innovative magnesium preparation for men, enriched with a ingredients which supports the proper functioning of the men's body , zinc, selenium, vitamin B6 and Ashwagandha extract KSM-66.

Magnesium helps in the proper functioning of muscles and protein synthesis. Similarly as vitamin B6 participates in the maintenance of healthy bones and teeth, and it is involved in maintaining the electrolyte balance. Zinc helps maintain an appropriate level of testosterone in the blood, Selenium contributes to the correct progress of the spermatogenesis process. High quality Ashwagandha extract KSM-66 supports male sexual function and helps maintain sperm mobility and sperm count. Ashwagandha contributes to the body's resistance to stress and also helps to make you feel more energetic

## Composition

Nutrition information	1 tablet
Magnesium	80 mg (21%*)
Vitamin B6	1,4 mg (100%*)
Zinc10 mg	10 mg (100%*)

<b>Selenium</b>	55 µg (100%*)
<b>KSM-66 ashwagandha extract, (Withania somnifera L.), including: Withanolides (5%)</b>	50 mg 2,5 mg

\*% NRV - nutrient reference value

**Ingredients:** magnesium salts of citric acid (magnesium citrate)- magnesium, bulking agent - microcrystalline cellulose, KSM-66 ashwagandha extract, (Withania somnifera L.), zinc bisglycinate, glazing agents - polyvinyl alcohol, polyethylene glycol, talc, potassium aluminum silicate, monooleate polyoxyethylene, sodium selenate anti-caking agents - magnesium salts of fatty acids, pyridoxine hydrochloride - vitamin B6, pigments - titanium dioxide, food colouring iron oxides and hydroxides.

## Purpose

**Purpose:** The product is intended for men to maintain proper functioning of the men's body.

## Recommendation

**Recommended use:** 1 tablet daily after a meal

*Do not exceed the recommended daily dose.*

*Food supplements should not be used as a substitute for a varied and balanced diet.*

*A varied and balanced diet and a healthy lifestyle are recommended.*

Keep out of reach of children.